



## **Four Hidden Signs of Vision Problems in Kids**

Sometimes parents can tell if their child has a vision problem. For instance, their child may squint, hold reading material very close to their face, have headaches, or complain about things appearing blurry. However, there are some less obvious signs of vision problems.

Here are four signs that could point to possible vision problems in kids:

### **1. Having a short attention span.**

Your child might seem to quickly lose interest in games, projects or activities that require using their eyes for an extended period of time.

### **2. Losing their place when reading.**

As your child reads (aloud or silently), they may have difficulty seeing to keep track of where they are on the page.

### **3. Avoiding reading and other close activities.**

Whether they are subtle or obvious about it, your child may choose to avoid reading, drawing, playing games or doing other projects that require focusing up close.

### **4. Turning their head to the side.**

A child may turn their head to the side when looking at something in front of them. This may be a sign of a refractive error, including astigmatism. Turning their head helps the child see better.

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Eva (age 4) found out that she needed some glasses and now she's a pro at wearing them!